




Long Branch Middle School December 2022

DELI BAR

Assorted Deli Meats, Cheeses and
Toppings Made to Order on Freshly
Baked Breads, Rolls and Wraps

<p>Visit: SodexoMyWay for Nutrition Information and more https://longbranch.ps.sodexomyway.com</p>	<p>Due to nationwide product and ingredient shortages, Menus are subject to change based on product availability</p>		<p>12/1 Herb Roasted Chicken Stewed Pinto Beans Simmered Collard Greens Golden Breadstick</p>	<p>12/2 Italian Meatball Parm Sub Baked Sweet Potato Fries</p>
<p>12/5 Sweet & Sour Chicken & Vegetable Stir Fry over Steamed Rice</p>	<p>12/6 Breaded Filet 'O' Fish Sandwich on a Bun w/ Tartar Sauce Crispy Baked Fries Sautéed Spinach</p>	<p>12/7 Penne Pasta Alfredo w/ Dinner Roll Italian Roasted Butternut Squash</p>	<p>12/8 Boneless Buffalo Chicken Wings w/ Biscuit Buttered Golden Corn</p>	<p>12/9 BBQ Beef Riblet Sandwich on a Bun Crispy Baked Fries Steamed Broccoli</p>
<p>12/12 "Breakfast for Lunch" Cinnamon Swirl French Toast w/ Syrup Sausage Patty Seasoned Home Fries</p>	<p>12/13 Fajita Chicken over Fiesta Rice Aztec Corn</p>	<p>12/13 Macaroni & Cheese w/ Dinner Roll Seasoned Green Beans</p>	<p>12/15 Beef & Cheese Nachos w/ Salsa & Sour Cream Simmered Mexican Black Beans Roasted Vegetables</p>	<p>12/16 Italian Chicken Parm Sub Parmesan Green Beans</p>
<p>12/19 Chicken Nuggets w/ Dinner Roll Baked French Fries Steamed Golden Corn</p>	<p>12/19 Sliced Turkey w/ Gravy Mashed Potatoes & Steamed Golden Corn Dinner Roll</p>	<p>12/21 Pasta & Meat Sauce w/ Dinner Roll Buttered Mixed Vegetables</p>	<p>12/22 Popcorn Chicken w/ Dinner Roll Crispy Tater Tots Steamed Carrots</p>	<p>12/23 School Closed</p>
<p>12/26 School Closed</p>	<p>12/27 School Closed</p>	<p>12/28 School Closed</p>	<p>12/29 School Closed</p>	<p>12/30 School Closed</p>

SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Assorted Low Fat and Skim Milk
Assorted 100% Fruit Juice

SAUCE IT UP!

Assorted Specialty Sauces to Enhance Menu Selections